

APRIL 11 & 14, 2024



# WEEDS!

A SERIES ON MENTAL HEALTH

weekly  
**connect**

/k nekt/ verb · 1. to join, link, or fasten together, unite or bind

CONNECT WITH US!



[www.mynw.cc](http://www.mynw.cc)



**Northwest**  
CHRISTIAN CHURCH

**ONLINE CAMPUS**  
[www.mynw.cc/live](http://www.mynw.cc/live)  
 (503) 538-3104

DOWNLOAD OUR APP!

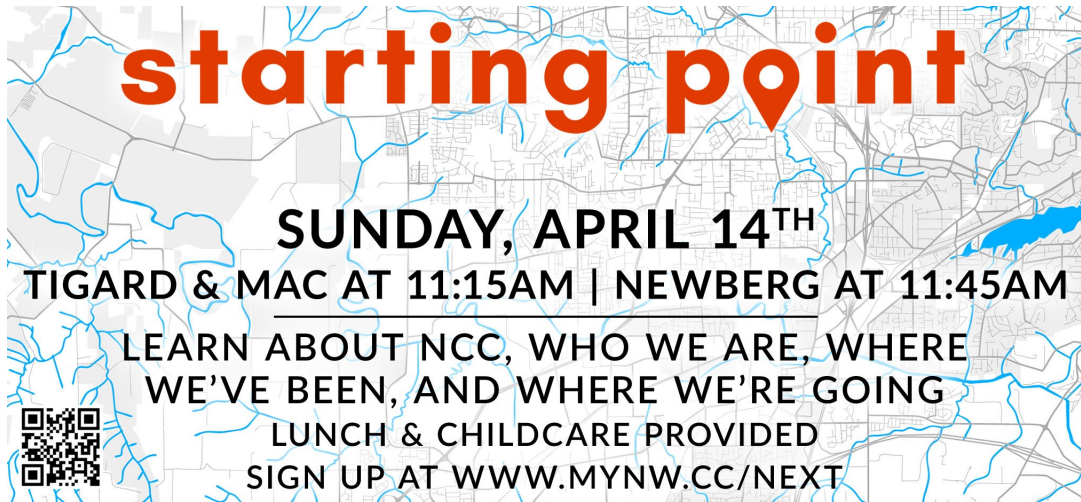


**WELCOME!** If you are a joining us in person, be sure to pick up a gift in the lobby. College students, grab a free drink and food item each week from the café.

**Children** Check in at the Quest Kids area. Children of all ages experience the love of Jesus during every service. Greeters are standing by to help direct you.

**Communion** At NCC we celebrate communion every week. Pick up bread and juice in the back.


**Offering** Offering is part of our worship, intended for those who call Northwest Christian Church home. Giving boxes are located in the Worship Center and Lobby, or you can give through the app. Feel free to participate to express your gratitude to God.



## starting point

**SUNDAY, APRIL 14<sup>TH</sup>**  
**TIGARD & MAC AT 11:15AM | NEWBERG AT 11:45AM**

LEARN ABOUT NCC, WHO WE ARE, WHERE WE'VE BEEN, AND WHERE WE'RE GOING  
 LUNCH & CHILDCARE PROVIDED  
 SIGN UP AT [WWW.MYNW.CC/NEXT](http://WWW.MYNW.CC/NEXT)



## PARENT/CHILD DEDICATION



**Thursday, May 9<sup>th</sup> at 6:30pm**  
**Sunday, May 12<sup>th</sup> at 9:00 & 10:30am**

An opportunity for parents of young children to make a public declaration of their commitment to raise their child "in the training and instruction of the Lord." (Ephesians 6:4)

Sign up at [www.mynw.cc/dedication](http://www.mynw.cc/dedication)







# FAITH AND FINANCIAL LEGACY

THIS COURSE FOCUSES ON PAYING OFF YOUR MORTGAGE AND LEAVING A FAITH LEGACY AS WELL AS A FINANCIAL LEGACY TO THE PEOPLE YOU LOVE.

THIS TUESDAY, APRIL 16<sup>TH</sup> 6:30 - 8:00PM

NEWBERG CAMPUS ROOM 204

[WWW.MYNW.CC/FREEDOM](http://WWW.MYNW.CC/FREEDOM)

FREE!



# ISRAEL TRIP

LED BY DAVID & JULIE CASE

AUGUST 14-24, 2025

OPTIONAL JORDAN EXTENSION 8/24-29

INFORMATION MEETING  
NEXT SUNDAY, APRIL 21<sup>ST</sup> AT NOON  
NEWBERG CAMPUS LOBBY

LEARN MORE AT [WWW.MYNW.CC/ISRAEL](http://WWW.MYNW.CC/ISRAEL)



NCC YOUNG ADULTS

# DODGEBALL & DONUTS

Get ready to dodge, dip, duck, dive, and dodge!

FRIDAY, APRIL 19<sup>TH</sup>  
6:30 - 8:30PM

AT THE NEWBERG CAMPUS



[WWW.MYNW.CC/YA](http://WWW.MYNW.CC/YA)

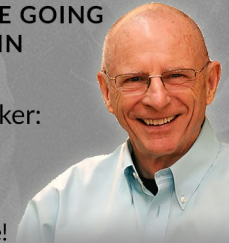
# SENIOR *Fest!*

THURSDAY, MAY 16<sup>TH</sup>

10:00AM - 4:00PM | TURNER, OREGON

"TRANSITIONS—FROM WHERE WE'VE BEEN TO WHERE WE'RE GOING WHILE LIVING RICHLY IN THE BETWEEN-TIME"

Special guest speaker:  
Roy Lawson



\$25

All ages welcome!

[NWCHRISTIANNETWORK.COM/SENIORFEST](http://NWCHRISTIANNETWORK.COM/SENIORFEST)

# MAN <sup>2024</sup> CAMP

WASHINGTON  
FAMILY RANCH  
MAY 17<sup>TH</sup> - 19<sup>TH</sup>



\$225

\$245 AFTER APRIL 22<sup>ND</sup>  
SCHOLARSHIPS AVAILABLE

SPACE IS LIMITED!

SIGN UP AND LEARN MORE AT  
[WWW.MYNW.CC/MEN](http://WWW.MYNW.CC/MEN)





### Sunday Morning Worship Services

Newberg & Online: 9:00 & 10:30am  
Tigard & McMinnville: 10:00am

### Thursday Night Church

Newberg & Online: 6:30pm  
[www.mynw.cc/live](http://www.mynw.cc/live)

### Quest Kids Club

Our midweek program for K through 5th grade, 6:15-7:30pm. Tigard on Tuesdays, McMinnville on Wednesdays, Newberg on Thursdays.  
[www.mynw.cc/quest-kids](http://www.mynw.cc/quest-kids)

### Middle School Youth Group

Newberg: Sundays at 3:30pm.  
Tigard & Mac: Sundays at 6:00pm  
[www.mynw.cc/ms](http://www.mynw.cc/ms)

### High School Youth Group

All Campuses: Sundays at 6:00pm  
[www.mynw.cc/hs](http://www.mynw.cc/hs)

### After School Programs

MyZone Middle School Activity Center at NCC  
Newberg: Monday through Thursday at 3:30pm [www.mynw.cc/myzone](http://www.mynw.cc/myzone)  
The Zone at Edwards, Joan Austin, & Wascher Elementaries after school.  
[www.mynw.cc/the-zone](http://www.mynw.cc/the-zone)

### Trail Life

Christ-centered scouting for boys.  
Newberg: Mondays at 6:30pm  
[www.trailifeusa.com](http://www.trailifeusa.com)

### Men's Community

Newberg & Tigard: Wednesdays at 6:00am.

### Prime Time

Gatherings for those of retirement age  
Newberg Luncheon: 2nd Friday at 11:30am  
Tigard Luncheon: Last Thursday at 11:45am  
Tigard Breakfast: 1st Monday at 9:00am at Elmer's [www.mynw.cc/primetime](http://www.mynw.cc/primetime)

### Community Kitchen

Free meals to go at Newberg:  
Thursdays 4:30-5:45pm. [www.mynw.cc/ck](http://www.mynw.cc/ck)

### Food Pantry

McMinnville: Wednesdays, Noon-1:30pm  
Newberg room 303: Sundays 11:30am-Noon, Tuesdays 9:00-10:00am, Thursdays 4:00-6:00pm [www.mynw.cc/ck](http://www.mynw.cc/ck)

### Celebrate Recovery

Freedom from your hurts, hang-ups and habits  
McMinnville: Tuesdays 6:00-8:00pm  
Newberg & Tigard: Wednesdays 6:00-8:00pm  
[www.mynw.cc/cr](http://www.mynw.cc/cr)

### AA

Have a problem with alcohol? There is a solution.  
Newberg: Monday through Friday at Noon, Saturday at 10:00am [www.aa.org](http://www.aa.org)

### 423 Community

Find healing from the destructive grip of pornography. [www.423communities.org](http://www.423communities.org)

CHURCH AND YOUR WEEKEND TOO!

**THURSDAY NIGHT CHURCH**  
**6:30PM**

AT THE NEWBERG CAMPUS & ONLINE AT [MYNW.CC/LIVE](http://MYNW.CC/LIVE)

FREEDOM FROM YOUR HURTS, HANG-UPS, AND HABITS.

**Celebrate Recovery**

NEWBERG CAMPUS WEDNESDAYS AT 6:00PM

[WWW.MYNW.CC/CR](http://WWW.MYNW.CC/CR)

OUR ONLINE CAMPUS IS WITH YOU WHEREVER YOU GO!

**Sundays 9:00 & 10:30am**  
**Thursdays 6:30pm**

[WWW.MYNW.CC/LIVE](http://WWW.MYNW.CC/LIVE)

**WE'RE EXCITED TO CONNECT WITH YOU!**

- GREAT WAY TO ENGAGE
- TRACK YOUR DISCIPLESHIP JOURNEY
- RELEVANT CONTENT
- STAY CONNECTED
- MUCH MORE

**DOWNLOAD OUR APP!**

Available on the **App Store** | **GET IT ON Google Play**

Weeds! - Overcoming Worry & Anxiety

- ..... of anxiousness <sup>1</sup>  
Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. **Philippians 4:6**  
The presence of anxiety is unavoidable, but the prison of anxiety is optional. **Max Lucado**

**4 Roots of Weeds**

- ..... , Biological, Medical, ..... <sup>2</sup>
- Worry – ..... / ..... <sup>3</sup>  
Other seed fell among thorns, which grew up and **CHOKED** the plants. **Matthew 13:7**
- Anxiety – ..... <sup>4</sup>

**Calm vs. Chaos**

- God’s ..... <sup>5</sup>
- God’s ..... <sup>6</sup>  
The name of the LORD is a **FORTIFIED TOWER**; the righteous **RUN** to it and are **SAFE**.  
**Proverbs 18:10**
- Core of Worry: trying to ..... tomorrow, because we don’t trust God’s ..... today <sup>7</sup>

**Overcoming Worry & Anxiety**

- Do not ..... <sup>8</sup>  
Therefore I tell you, do not **WORRY**... **Matthew 6:25**
- Any birds ..... out? <sup>9</sup>  
Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? **Matthew 6:26**
- Ask – does worry ..... ? <sup>10</sup>  
Can any one of you by worrying **ADD** a single hour to your life? **Matthew 6:27**
- ..... and ..... are inversely related <sup>11</sup>  
And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. **Matthew 6:28**  
So do not worry, saying, “What shall we eat?” or “What shall we drink?” or “What shall we wear?” **Matthew 6:31**
- ..... do we overcome? <sup>12</sup>  
But **SEEK FIRST** His kingdom and His righteousness, and **ALL** these things will be given to you as well. **Matthew 6:33**

**Next Steps**

- ..... journal <sup>13</sup>
- ..... with others <sup>14</sup>
- ..... on God’s Word <sup>15</sup>  
Finally, brothers and sisters, **WHATEVER** is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—**THINK ABOUT** such things. **Philippians 4:8**
- ..... to God <sup>16</sup>

**ANSWER KEY:** 1. State 2. Situational, Spiritual 3. Strangles, chokes 4. Divided mind 5. goodness 6. control 7. control, goodness 8. worry 9. stressed 10. help 11. Fear, faith 12. How 13. Gratitude 14. Connect 15. Lean 16. Talk