

APRIL 25 & 28, 2024



WEEDS!

A SERIES ON MENTAL HEALTH

weekly
connect

/k nekt/ verb · 1. to join, link, or fasten together, unite or bind

CONNECT WITH US!

www.mynw.cc

Northwest
CHRISTIAN CHURCH

ONLINE CAMPUS
www.mynw.cc/live
 (503) 538-3104

DOWNLOAD OUR APP!

WELCOME! If you are a joining us in person, be sure to pick up a gift in the lobby. College students, grab a free drink and food item each week from the café.

Children Check in at the Quest Kids area. Children of all ages experience the love of Jesus during every service. Greeters are standing by to help direct you.

Communion At NCC we celebrate communion every week. Pick up bread and juice in the back.

Offering Offering is part of our worship, intended for those who call Northwest Christian Church home. Giving boxes are located in the Worship Center and Lobby, or you can give through the app. Feel free to participate to express your gratitude to God.

PARENT/CHILD DEDICATION

An opportunity for parents of young children to make a public declaration of their commitment to raise their child "in the training and instruction of the Lord." (Ephesians 6:4)



NEWBERG
 Thursday, May 9th at 6:30pm
 Sunday, May 12th at 9:00 & 10:30am

TIGARD & MCMINNVILLE
 Sunday, May 12th at 10:00am

Register at www.mynw.cc/dedication

CELEBRATING THE CLASS OF 2024!

SENIOR BANQUET

SATURDAY, MAY 18TH 6:00PM
 \$10/PERSON, GRADS ARE FREE
 AT THE NEWBERG CAMPUS



RSVP AT WWW.MYNW.CC/GRAD

DON'T GO THROUGH THE GRIEVING PROCESS ALONE



GriefShare®

**MONDAYS,
6:00-8:00PM
MAY 6TH - JULY 29TH
AT THE NEWBERG CAMPUS**



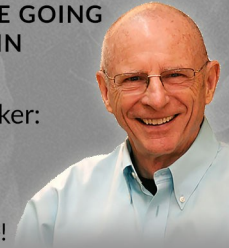
LEARN MORE & SIGN UP AT
WWW.MYNW.CC/CARE

SENIOR *Fest!*

THURSDAY, MAY 16TH

10:00AM - 4:00PM | TURNER, OREGON
"TRANSITIONS—FROM WHERE WE'VE
BEEN TO WHERE WE'RE GOING
WHILE LIVING RICHLY IN
THE BETWEEN-TIME"

Special guest speaker:
Roy Lawson



\$25

All ages welcome!

NWCHRISTIANNETWORK.COM/SENIORFEST

CELEBRATING THE CLASS OF 2024!

SENIOR BANQUET

**SUNDAY, MAY 18TH
6:00 - 7:30PM
AT THE NEWBERG CAMPUS**



*\$10/person, grads are free.
RSVP at www.mynw.cc/grad*

SUMMER CAMP

1ST - 3RD GRADE | JULY 15TH - 17TH
4TH - 5TH GRADE | JUNE 23RD - 29TH
6TH - 8TH GRADE | JULY 10TH - 13TH
9TH - 12TH GRADE | JULY 22ND - 26TH



SIGN UP & LEARN MORE AT
WWW.MYNW.CC/CAMP

PRESCHOOL CAMPS

Newberg

McMinnville

July 29 - August 2

Session 1: June 3 - 7

Session 2: June 17 - 21

Session 3: July 8 - 12

Session 4: July 22 - 26

Session 5: August 5 - 9

Tigard

July 29 - August 2

8:45 - 11:45am \$120/week



WWW.MYNW.CC/PRESCHOOLCAMP

MAN²⁰²⁴ CAMP

**WASHINGTON
FAMILY RANCH
MAY 17TH - 19TH**



\$225

**\$245 AFTER APRIL 22ND
SCHOLARSHIPS AVAILABLE**

SPACE IS LIMITED!

**SIGN UP AND LEARN MORE AT
WWW.MYNW.CC/MEN**



Sunday Morning Worship Services

Newberg & Online: 9:00 & 10:30am
Tigard & McMinnville: 10:00am

Thursday Night Church

Newberg & Online: 6:30pm
www.mynw.cc/live

Quest Kids Club

Our midweek program for K through 5th grade, 6:15-7:30pm. Tigard on Tuesdays, McMinnville on Wednesdays, Newberg on Thursdays.
www.mynw.cc/quest-kids

Middle School Youth Group

Newberg: Sundays at 3:30pm.
Tigard & Mac: Sundays at 6:00pm
www.mynw.cc/ms

High School Youth Group

All Campuses: Sundays at 6:00pm
www.mynw.cc/hs

After School Programs

MyZone Middle School Activity Center at NCC
Newberg: Monday through Thursday at 3:30pm www.mynw.cc/myzone
The Zone at Edwards, Joan Austin, & Wascher Elementaries after school.
www.mynw.cc/the-zone

Trail Life

Christ-centered scouting for boys.
Newberg: Mondays at 6:30pm
www.trailifeusa.com

Men's Community

Newberg & Tigard: Wednesdays at 6:00am.

Prime Time

Gatherings for those of retirement age
Newberg Luncheon: 2nd Friday at 11:30am
Tigard Luncheon: Last Thursday at 11:45am
Tigard Breakfast: 1st Monday at 9:00am at Elmer's www.mynw.cc/primetime

Community Kitchen

Free meals to go at Newberg:
Thursdays 4:30-5:45pm. www.mynw.cc/ck

Food Pantry

McMinnville: Wednesdays, Noon-1:30pm
Newberg room 303: Sundays 11:30am-Noon, Tuesdays 9:00-10:00am, Thursdays 4:00-6:00pm www.mynw.cc/ck

Celebrate Recovery

Freedom from your hurts, hang-ups and habits
McMinnville: Tuesdays 6:00-8:00pm
Newberg & Tigard: Wednesdays 6:00-8:00pm
www.mynw.cc/cr

AA

Have a problem with alcohol? There is a solution.
Newberg: Monday through Friday at Noon, Saturday at 10:00am www.aa.org

423 Community

Find healing from the destructive grip of pornography. www.423communities.org

CHURCH AND YOUR WEEKEND TOO!

THURSDAY NIGHT CHURCH
6:30PM

AT THE NEWBERG CAMPUS & ONLINE AT MYNW.CC/LIVE

FREEDOM FROM YOUR HURTS, HANG-UPS, AND HABITS.

Celebrate Recovery®

MCMINNVILLE
TUESDAYS AT 6:00PM
NEWBERG & TIGARD
WEDNESDAYS AT 6:00PM
WWW.MYNW.CC/CR

OUR ONLINE CAMPUS IS WITH YOU WHEREVER YOU GO!

Sundays 9:00 & 10:30am
Thursdays 6:30pm

WWW.MYNW.CC/LIVE

REFRESHED NCC APP!

- EASIER TO NAVIGATE
- UPDATED CHURCH TAB
- CUSTOMIZED FOR YOU
- STAY CONNECTED
- PRAYER WALL

JOIN US!

Available on the **App Store** | GET IT ON **Google Play**

Weeds! - Depression

1 Kings 18-19

4 Roots of our Weeds: , Biological, , Spiritual ¹

- Depression: of hope ²

Many people deal with depression

- Bible ³
We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under **GREAT PRESSURE**, far beyond our ability to endure, so that we **DESPAISED OF LIFE** itself. **2 Corinthians 1:8**

- The power of ⁴

Elijah's Story - 1 Kings 18-19

- Elijah vs. ⁵
So Jezebel sent a messenger to Elijah to say, "May the gods deal with me, be it ever so severely, if by **THIS TIME TOMORROW** I do not make **YOUR LIFE** like that of **ONE OF THEM**." **1 Kings 19:2**

Elijah's Downward Spiral

1 Kings 19:1-4

- / Thinking ⁶
 - Rehearse the ⁷
 - ⁸
Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there... **1 Kings 19:3**
A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken. **Ecclesiastes 4:12 (NLT)**
- Follows ⁹
Then you will know the truth, and the truth will set you **FREE**. **John 8:32**

Help for All of Us

H ¹⁰ **A** ¹¹ **L** ¹² **T** ¹³

4 Gifts from God - 1 Kings 19:5-19

- & ¹⁴
1 Kings 19:5-7
- to pour out our heart to ¹⁵
Come to Me, **ALL YOU** who are weary and burdened, and I will give you **REST**. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will **FIND REST** for your souls. **Matthew 11:28-29**
- God Himself ¹⁶
He says, "**BE STILL**, and know that I am God..." **Psalm 46:10**
The Lord will fight for you; you need only to **BE STILL**. **Exodus 14:14**
- God gives something ¹⁷
What are you doing here, Elijah? **1 Kings 19:13b**

Your + God's = ¹⁸

ANSWER KEY:

1. Situational, Medical
2. Chronic absence
3. heroes
4. AND
5. Jezebel
6. Faulty, Stinking
7. negative
8. Isolates
9. feelings
10. Hungry
11. Angry
12. Lonely
13. Tired
14. Rest, Food
15. Invitation, God
16. reveals
17. new
18. Experience, Presence, Enough