

NCC Family Activities Guide

Week 5—Pray Earnestly. Series: Thrive in 2025 2.2.25

Possible Family Activities.

Remember the goal of these activities is to foster open communication, spiritual growth, and shared experiences as a family! Adapt these activities to best help grow your family!

1. Prayer Craft:

- Make a craft that represents prayer, such as a prayer chain or a prayer tree. Each link or leaf can represent a different prayer request or praise. This visual reminder can help keep prayer at the forefront of your family's daily life.

2. Prayer Balloon Release:

- As a family, write prayers on biodegradable balloons and release them as a symbolic act of giving your concerns to God.
- **Discussion:** Discuss the importance of trusting God with your prayers as you watch the balloons float away.

3. "Pray First" Reminder:

- Make "Pray First" signs or reminders to place around the house, such as on the refrigerator, by the front door, or near the family computer. These reminders can encourage everyone to make prayer a first response in daily life.

4. Prayer Partner Rotation:

- Pair up family members as prayer partners for a week. Encourage them to pray for each other daily and check in with each other about their prayer needs. Rotate partners each week to strengthen family bonds and support.

5. Thankfulness Board:

- Create a board where family members can write down things, they are thankful for. Regularly review the board together and thank God for His blessings during family prayer time.

These activities can help your family grow in their prayer life, making it a more natural and integral part of your daily routine.