



Life Group Leader Guide

Week 2 Message: Fully Commit

Series: Thrive in 2025

Date: 1/12/25

Bible Passages:

John 10:10 (ESV); John 16:33; Romans 7:15; 1 Corinthians 9:24; Philippians 3:14; Ecclesiastes 11:4

Sermon Recap:

In his sermon, Pastor David emphasizes the importance of fully committing to God to thrive in 2025, rather than merely surviving. He encourages us to reflect on our desires and challenges, inviting us to choose discipline and make intentional choices that align with what we truly want most in life. Highlighting the struggles of the Apostle Paul, David reassures that with the help of Jesus, individuals can overcome poor choices and live purposefully.

Ice Breaker

1. Do you have any unique New Year's traditions in your family, and how did they start?

2. If you could have a superpower for just one day in 2025, what would it be and how would you use it to make the year better?
3. What is one lesson you learned in 2024 that you want to carry into 2025?

Discussion Questions

1. What does it mean to "thrive" in the context of your spiritual, emotional, and physical life? How does this differ from merely surviving?
2. What does it mean to 'Commit Fully' in your personal life, and how can this commitment affect your daily decisions?
3. David mentions that pain can be part of life and suggests we can choose between different types of pain. What are some examples of painful choices you might have to make in order to choose discipline over regret?
4. How can you apply the idea of 'running to win' in your own life, especially in areas where you want to see improvement?
5. What are some specific disciplines you can implement in your life to help you achieve what you want most?
6. Reflect on the phrase "Do it now." What is one action you can take today to move towards what you want most? How can you overcome procrastination in your spiritual life?

Prayer

- Ask for prayer requests.
- Ask for the strength and discipline to commit fully to spiritual practices that help you Thrive in 2025!
- Seek God's help in making choices that align with what is most important, avoiding future regrets by living intentionally now.
- Seek God's guidance and support in facing the challenges and issues identified for 2025, asking for wisdom and perseverance.

Weekly Bible Reading Plan: Each day, take time to pray and ask God for the strength and discipline to commit fully to Him. Reflect on what you want most in your spiritual life and what steps you need to take.

Day 1: Commitment to God. Read: Romans 12:1-2 Reflect on what it means to offer your body as a living sacrifice and to be transformed by the renewing of your mind. Consider how this commitment can help you thrive in your spiritual journey.

Day 2: The Abundant Life. Read: John 10:10 Meditate on Jesus' promise of abundant life. Think about how committing fully to Him can lead to a life that thrives, not just survives.

Day 3: The Struggle and the Solution. Read: Romans 7:15-25 Reflect on your own struggles and how Jesus can help you overcome them.

Day 4: Running the Race. Read: 1 Corinthians 9:24-27. Consider Paul's metaphor of life as a race. Reflect on what it means to run with purpose and discipline, choosing what you want most over what you want now.

Day 5: Perseverance and Eternal Prize. Read: Hebrews 12:1-3 Reflect on the call to run with perseverance the race marked out for us. Consider what it means to fix your eyes on Jesus and how this focus can help you thrive in your faith journey.